

# Panther Country Coalition Action Plan

July 1, 2017- June 30, 2018

Date Completed: June 2017

**Goal 1:** Increase prevention leadership in Cusick

**Objective 1.1:** Increase community participation in the Panther Country Coalition and maintain at least 8 sectors within the community who are diverse and invested in the well-being of our youth as measured by monthly coalition sign in sheets.

**Strategy:** 22.5 Community-Based Process: Engage, educate and provide meaningful opportunities for involvement in the coalition to plan, implement and evaluate chosen strategies to reduce underage substance use.

Activity/Program	Funding Source	Brief Description	How	When	Who	Lead	Responsible Party (ies)
<i>Name of activity/program</i>	<i>See legend below for list</i>	<i>Briefly state the main purpose of activity</i>	<i>How much? How often?</i>	<i>List the implementation months of the activity.</i>	<i>Who is this service for? How many people reached?</i>	<i>Organization delivering program?</i>	<i>Who from the Coalition is making sure this gets done?</i>
<b>Community Coalition</b>	<b>SAPT</b>	<b>Maintain at least 8 sectors on the Panther Country Coalition to build and sustain a healthy and drug free community through substance abuse education and prevention. We will Participate in booths at Community events to disseminate information about youth substance abuse prevention</b>	<b>Ongoing through June 2018</b>	<b>July 2017 through June 2018</b>	<b>Cusick and Kalispel Tribe community</b>	<b>DBHR, Pend Oreille County and Panther Country Coalition</b>	<b>Executive Committee and Coalition Coordinator</b>

		<i>and our coalition's activities.</i>					
<b>Youth Coalition (Life Saving Task Force)</b>	<b>SAPT</b>	<b>Community gatherings and presentations to teach and discuss current topics related to vaping, alcohol and marijuana use.</b>	<b>Ongoing</b>	<b>4 times per year</b>	<b>Cusick/Usk/Kalispel Community</b>	<b>LSTF, PCC</b>	<b>PCC members and leaders of the LSTF</b>
<b>Key Leader Orientation</b>	<b>SAPT</b>	<b>Bring key leaders in the community to an informational meeting to share our goals and objectives for the upcoming year and to celebrate the accomplishments of the coalition.</b>	<b>Once per year</b>	<b>February 2018</b>	<b>Key leaders, Life Saving Task Force, community coalition members, volunteers</b>	<b>PCC</b>	<b>PCC Executive Committee, Coalition Coordinator and LSTF leadership youth</b>
<b>Coalition assessment process, including administering Community Survey, Needs Assessment and Resource Assessment leading to an update of our Strategic Plan.</b>	<b>SAPT</b>	<b>Increase Understanding of local problems and conditions by doing a community assessment.</b>	<b>Once per month</b>	<b>September – December</b>	<b>Coalition members in order to update Strategic Plan</b>	<b>PCC</b>	<b>PCC Executive Committee and Community Coordinator</b>

**Objective 1.2:** Increase capacity of coalition to prevent and reduce substance use as measured by number of members attending prevention science, strategic prevention framework, and evidenced based prevention strategy trainings.

**Strategy:** Coalition Trainings 22.7: Coordinator, coalition members (adult and youth) to attend trainings relating to prevention of alcohol and other drugs, and relevant topics such as legislative decisions impacting the health of our community and youth.

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<b>Name of activity/program</b>	<i>See legend below for list</i>	<i>Briefly state the main purpose of activity</i>	<i>How much? How often?</i>	<i>List the implementation months of the activity.</i>	<i>Who is this service for? How many people reached?</i>	<i>Organization delivering program?</i>	<i>Who from the Coalition is making sure this gets done?</i>
<b>Training for Coalition Coordinator</b>	<b>SAPT</b>	<b>To provide training relating to coalition work and prevention strategies in order to reach our goals</b>	<b>On going</b>	<b>Twice per year</b>	<b>Coordinator</b>	<b>DBHR required trainings</b>	<b>Community Coordinator</b>
<b>Prevention Summit (adult/youth coalition members)</b>	<b>PFS</b>	<b>Attend trainings specific to learning the Prevention Strategic Planning Framework</b>	<b>Once per year</b>	<b>November 2017</b>	<b>Up to 4 adult coalition members and 4 youth members as funding allows</b>	<b>PCC</b>	<b>Community Coordinator</b>
<b>CADCA Leadership and Mid-Year Training</b>	<b>PFS</b>	<b>Attend training relating to prevention topics in a national forum. Emphasis on youth training.</b>	<b>Once per year</b>	<b>July 2017</b>	<b>3 adult coalition members and 3 youth members</b>	<b>PCC</b>	<b>Community Coordinator and Executive Committee</b>
<b>Local Trainings, webinars, etc.</b>	<b>PFS</b>	<b>As available, members will attend local trainings on current drug trends, addiction, and prevention</b>	<b>Ongoing</b>	<b>July 2017 – June 2018</b>	<b>Coalition members and community partners, and parents</b>	<b>PCC</b>	<b>Community Coordinator</b>
<b>Youth Forum</b>	<b>SAPT</b>	<b>Attend Youth Forum to learn about current trend in</b>	<b>Once per year</b>	<b>May 2018</b>	<b>Community Coordinator, Youth Group and Chaperones</b>	<b>DBHR/PCC</b>	<b>Community Coordinator</b>

*prevention, drug information and the SPF model and topics*

**Goal 2:** Delay early initiation of use

**Objective 2.1:** Increase family management skills of participants by at least 50% as measured by pre/post parent communication surveys.

**Strategy:** Education: 22.2 Provide family education to increase skills in communication and setting boundaries

Activity/Program	Funding Source	Brief Description	How	When	Who	Lead	Responsible Party (ies)
<b>Name of activity/program</b>	<i>See legend below for list</i>	<i>Briefly state the main purpose of activity</i>	<i>How much? How often?</i>	<i>List the implementation months of the activity.</i>	<i>Who is this service for? How many people reached?</i>	<i>Organization delivering program?</i>	<i>Who from the Coalition is making sure this gets done?</i>
<b>Guiding Good Choices</b>	<b>DMA</b>	<b>The goal of this program is to prevent substance use among youth by teaching parents/caregiver</b>	<b>At least twice per year but possibly more as interested families are available.</b>	<b>October and May</b>	<b>Cusick/Usk school district parents/guardian of 9-14 yr olds</b>	<b>PCC and Trained Facilitator</b>	<b>Community Coordinator</b>

*the skills they need to improve family communication, bonding and boundary setting*

*Workshops are 2 hours a night x 5 weeks*

**Objective 2.2:** Connect youth to community and culture to increase bonding and prevent substance abuse as measured by number of youth engaged in youth coalition and Panther Country Coalition programs and activities.

**Strategy:** Education: 22.2 Provide Life Skills to Cusick students and increasing bonding in the community through Healing of the Canoe Curriculum

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<b>Train the Trainer in Healing of the Canoe Curriculum</b>	<b>DMA</b>	<b>Community members, and teachers will learn to adapt and implement a tribally developed life skills curriculum for youth that builds on the strengths to promote wellness, well-being, and substance use prevention grounded in our strengths and resources. The curriculum will be adapted to the specific cultural teachings,</b>	<b>One time initial training and then the local trainers will train the local Cusick teachers by February 2018.</b>	<b>October 2017</b>	<b>Cusick population at large with emphasis on community leaders and teachers</b>	<b>PCC and Kalispel Tribe</b>	<b>Executive Committee and Community Coordinator</b>

<p><b>Implement Healing of the Canoe in the Cusick School</b></p>	<p><i>practices, and values of the community.</i></p> <p><i>Students will develop life skills that build on their strengths to promote wellness, well-being, and prevent substance use.</i></p>	<p><i>Ongoing April 2018 through June 2018</i></p>	<p><i>April – June 2018</i></p>	<p><i>Cusick Students 6<sup>th</sup> - 12<sup>th</sup> grade Approx. 150</i></p>	<p><i>PCC and Kalispel Tribe</i></p>	<p><i>Community Coordinator</i></p>
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**Goal 3:** Decrease favorable attitudes towards alcohol and marijuana use by 9<sup>th</sup> – 12<sup>th</sup> graders

**Objective 3.1:** Increase number of high school students who think drinking and marijuana use is wrong as measured by the Healthy Youth Survey.

**Strategy:** Provide Prevention/Intervention Services for students through Project Success

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<b>Name of activity/program</b>	<i>See legend below for list</i>	<i>Briefly state the main purpose of activity</i>	<i>How much? How often?</i>	<i>List the implementation months of the activity.</i>	<i>Who is this service for? How many people reached?</i>	<i>Organization delivering program?</i>	<i>Who from the Coalition is making sure this gets done?</i>
<b>Project Success and Student Assistance Program</b>	<b>SAPTS</b>	<b>To increase youth perception of harm of alcohol and marijuana and decrease favorable attitudes</b>	<b>Ongoing</b>	<b>September – June</b>	<b>Cusick school grades 9-12 Approx. 80 students</b>	<b>P/I Specialist</b>	<b>ESD 101</b>
<b>Social Norms Campaign</b>	<b>DMA</b>	<b>Coalition will work with youth coalition to develop messaging appropriate and</b>	<b>Twice per year</b>	<b>December and June</b>	<b>Cusick school grades 9-12 Approx. 80 students</b>	<b>Life Saving Task Force and PCC</b>	<b>Community Coordinator and Youth Advisor</b>

<i>effective to close gap of knowledge and awareness of the actual social norms in their community around youth and underage drinking and marijuana use.</i>					
<b>Sport Prevention &amp; Wellness Program</b>	<b>DMA</b>	<b>Sport is a single session program designed to increase wellness behaviors while avoiding alcohol, marijuana and other drug use.</b>	<b>Twice per year</b>	<b>November and February</b>	<b>Cusick school grades 9-12 Approx. 80 students</b>

**Goal 4:** Increase communication between parents and youth regarding the risks and harms of underage alcohol and marijuana use

**Objective 4.1:** Increase education and awareness to Cusick/Usk/Kalispel youth and adults as measured by sign in sheets at prevention events & trainings

**Strategy:** WA Dept of Health media campaigns: Information Dissemination 22.1 “Start Talking Now” and “Listen2yourSelfie”

<b>Activity/Program</b>	<b>Funding Source</b>	<b>Brief Description</b>	<b>How</b>	<b>When</b>	<b>Who</b>	<b>Lead</b>	<b>Responsible Party (ies)</b>
<b>Name of activity/program</b>	<i>See legend below for list</i>	<i>Briefly state the main purpose of activity</i>	<i>How much? How often?</i>	<i>List the implementation months of the activity.</i>	<i>Who is this service for? How many people reached?</i>	<i>Organization delivering program?</i>	<i>Who from the Coalition is making sure this gets done?</i>
<b>Start Talking Now Media Campaign</b>	<b>PFS</b>	<b>A state campaign targeted to parents to teach the importance of talking to their children about the dangers of</b>	<b>Ongoing</b>	<b>July – June</b>	<b>Cusick/Usk/Kalispel Community members, approx. 500</b>	<b>PCC</b>	<b>Community Coordinator</b>

		<b>substance use and as a result prevent and reduce youth use.</b>					
<b>Listen2yourSelfie Media Campaign</b>	<b>DMA</b>	<b>A campaign designed for teens to learn about the facts of marijuana use and become part of movement of young people who say, "Remember what's important, forget marijuana" They participate in "selfie" projects and have their positive behaviors recognized.</b>	<b>Ongoing</b>	<b>July, Aug., Sept, January, June</b>	<b>Local Cusick/Usk/Kalispel teens approx. 200</b>	<b>Life Saving Task Force (youth coalition)</b>	<b>Community Coordinator and Youth Advisor</b>

**Funding Source Legend:** This template is provided for strategic planning purposes only. Completion or use of this template is not a binding agreement and in no way secures funding and is not a contract.

<b>SABG</b>	<i>Substance Abuse Prevention Treatment Block Grant (Federal Funds)</i>
<b>PFS</b>	<i>Partnerships for Success Grant (Federal Funds) (WA is a PFS 2013 awardee)</i>
<b>DMA</b>	<i>Dedicated Marijuana Funds (State Funds)</i>
<b>MHBG</b>	<i>Mental Health Block Grant (Federal Funds)</i>
<b>DFC</b>	<i>Drug Free Communities Grant Funds (Federal Funds)</i>
<b>Match</b>	<i>Match funding to support implementation / training</i>
<b>Other</b>	<i>Local funding source or not DBHR contracted</i>
<b>TBD</b>	<i>Funding not secured yet, or Future Planning if funds became available</i>